

Santa Maria Gastroenterology Medical Group

(805) 922-6581

EGD (Esophagogastroduodenoscopy) ENDOSCOPY INSTRUCTIONS:

Arrangements have been made for you to have an endoscopic examination of your esophagus, stomach and duodenum.

Santa Maria Digestive Diagnostic Center
1315 South Miller St., Suite 101
Santa Maria, CA 93454 805-349-2945

Your Endoscopy is scheduled for: _____ **Arrival Time:** _____

Before your Exam:

- 5 Days before your procedure stop all blood thinners unless otherwise instructed by your physician or cardiologist. Please continue to take Aspirin.
- Please continue to take all inhalers, blood pressure, heart and seizure medications the day of your procedure. Bring inhalers with you to your exam.
- **Do not eat any solid food 8 hours prior to your procedure.**
You may have clear liquids only. See back for list of acceptable clear liquids
- **Two Hours before your procedure STOP All clear liquids and have NOTHING else by mouth. This includes NO LIQUIDS, NO FOOD, NO GUM, NO CANDY.** Your procedure may be delayed or rescheduled if you drink anything two hours before your procedure

Bring with you:

- You must have a responsible person (over 18) to drive you and take responsibility for you at discharge. If not, your exam will be canceled.
- Insurance cards and photo ID
- Complete list of medications you are taking. If you use an inhaler, bring it with you.
- Deductible and/or Co-pays

After your Procedure:

Although the examination is well tolerated and usually takes less than 15 minutes to perform, you can expect to spend a total of 1 ½ and 2 hours at the center. The sedative effects of the medications administered at the time of the examination are very temporary, but may slightly impair your judgment and reflexes for as long as 16 hours.

In addition, you should not drive, work, operate machinery or make important decisions for the remainder of the day and evening. You will be able to resume normal activities the following day.